

Media contact: Brian Lowe
Tel: (800) 959-4053
marketing@trevco.net



Emergency Preparedness Kits – an essential

For immediate release

San Diego, CA – (April 11, 2006) – Because we never know when there will be an emergency situation, it is wise to always be prepared. To avoid being caught unprepared, make sure that you have the Grab 'n Go 3-Day Emergency Kit on hand at home, at school and at the office.

The kits, distributed by 1906 Centennial Alliance member QuakeHold!, contain enough emergency supplies to sustain two people for three days. The three basic essentials, as recommended by the American Red Cross, are in every handy backpack. There's food, water and emergency blankets, plus a First Aid kit (33 piece), two 12-hour safety lightsticks, dust masks, nitrile gloves and an emergency whistle.

The kit, in a handy backpack, also contains emergency ponchos and pocket tissues. Store it wherever it can be easily accessed in an emergency.

There is also a more compact version of the Grab 'n Go 3-Day Emergency Kit that will sustain one person for three days. It contains the same essential items as the bigger pack and comes in a convenient carry bag.

For more information please visit www.earthquakeinfo.com